

Palyul Namdroling Foundation Canada

CONTRIBUTIONS TO THE WELFARE OF THE CHILDREN OF
NAMDROLING MONASTERY

In 2009

**Your generous donations helped to fund
the following projects**



Registering a little newcomer to the school

Support for the school dispensary, buying of medicine and yearly check-up

As every year, the main focus was to ensure the basic health care of the children, including the maintenance of the school dispensary, buying of medicine and the yearly medical check-up by the monastery's doctor. The medical costs of the students of classes 1 through 3 in the monastery's hospital was also covered and the school's water filter repaired.



Pemba Tashi being vaccinated against typhoid

Typhoid-Vaccination and iron tablets

At the beginning of 2009, the monastery experienced a wave of typhoid infection. We supported the vaccination of 1,300 school aged nuns and monks, after which there no more cases. During the yearly medical check-up, the doctor diagnosed severe iron deficiency amongst most students, so the children were de-wormed and then administered iron tablets and vitamins for two months.



Ice-cream after a swimming trip

Hygiene and eggs

Soap, detergent bars, toothpaste, and brushes were distributed again four times in the year. At the end of 2009, the construction of the school shower-house was finished, and now the children shower several times a week under the supervision of the teachers. For that, we supply extra soap. As in previous years, we contribute to the distribution of hard-boiled eggs once a week.



Ani Tsultrim

Helping the most needy

Again, we supported monks and nuns in need with their medical and doctor bills, among them a young nun, Ani Tsultrim, who is severely infected with Hepatitis B. We also contributed to the hospital bills of a student in need of an operation on his heart valve, and a young monk in intensive care paralyzed by a viral infection. Dr. Alexander Aslani, a plastic surgeon, visited the monastery to operate on burns and cleft lips on monastics as well as on the local population.

Palyul Namdroling Foundation thanks you for your support of the children of Namdroling monastery and the Ottawa Palyul Centre. Donations can be made automatically through the Electronic Funds Transfer program (please contact Angela Sumegi at: ottawapalyulcentre@gmail.com for this option) or via Paypal on our website at [Donate Now](#) or by cheque made out to “Palyul Foundation” and mailed or dropped off at:

*1516 Laperriere Ave. Ottawa, ON, Canada
Attention Sean Houlahan.*

MAY ALL BEINGS BENEFIT!